

## Slave positions

**Obedience (Nadu):** This is the first position a slave is taught. It is the general position of a slave when resting. The slave kneels before the Master or Mistress. The head is held high, but the eyes are downcast. The knees are spread widely, so that the inside of the knees is a space as wide as the shoulders. The shoulders themselves are back with the spine slightly arched. The breasts are thrust outward. The hands are placed on the thighs, open, with the palms upward. The hips rest on the feet, which are turned in so as to take the weight off the arches. If the slave will be getting up and down often, it is permitted change the position of the feet so that getting up and down can be done gracefully. Over long periods, the slave might be allowed to sit on her bum with her legs comfortably tucked in.

**Capture:** The slave lays in the prone position, that is, on the stomach. The wrists are crossed behind the back. The ankles are also crossed, so as to make binding of the hands and feet easy.

**Bracelets:** This position is generally like Obedience in general form except that the wrists are held at head height and crossed as if already in slave bracelets. When used for discipline, it is not unusual for the Master or Mistress to leave the slave in this position for quite some time, the slave bracelets used being those "of the mind" and thus both stronger and more telling than the strongest steel.

**Ready for Use:** The slave lies on her back in a supine position, hands at the sides. The palms face upward. The legs are spread widely enough to be inviting without being ungraceful.

**Pride:** The slave stands with feet apart, slightly more than shoulder width. Hands are behind the head. Eyes are fixed at point where ceiling and wall meet and eyes do not meet anyone in the room.

**Inspection:** Same as Pride except the eyes are lowered and stay lowered unless told to raise them. The slave expects Masters to touch, stroke, finger and otherwise inspect, including teeth.

**Preparation:** The slave goes first onto all fours with feet apart. then crossed her arms with palms at elbows. She then lowers her forehead to her arms, thrusting her ass high into the air.

**Punishment:** The slave opens her feet as wide as she can then bends forward. falling onto her outstretched palms. The slave expects to be whipped. flogged. caned or fucked.

**Obeisance:** The slave falls immediately to the floor, knees wide apart, reaching her hands forward as far as she can reach, flinging her hair forward as she lowers her head between her arms.

**Service:** The slave gracefully crawls to whatever the Master has asked for. Depending on the item, she crawls or walks to the Master, goes into Obedience position, lowers her head and raises the object in both hands in front of the Master. If it's a drink, she first kisses where the Master's lips will touch and turns the glass toward the Master.

**Display:** This is a position used to display a slave at a slave auction or to show your slave to others. The slave starts by facing the crowd with legs together, but the left foot forward and turned at a 45 degree angle (think runway model) which turns the whole body slightly to the right. The right hand is paced on her hip, the left hand on her shoulder. Chin slightly down, the eyes shift from one Master to another continually. This position is intended to be extremely seductive and inviting. Turn on command to show the back.